



hope & healing for all

September 2017

1703 S. Despelder | Grand Haven, MI 49417 | [tcmcounseling.org](http://tcmcounseling.org) | 616.842.9160

## SEPTEMBER IS NATIONAL SUICIDE PREVENTION MONTH

To observe the importance of Suicide Prevention, TCM Counseling will be offering two FREE QPR (Question, Persuade, Refer) Suicide Prevention Trainings to the Community.

Here are our community QPRs dates and times.

Tuesday, September 19<sup>th</sup> – Grand Haven Community Center – 5:00 to 6:15 p.m.

Wednesday, September 27<sup>th</sup> – Grand Haven Community Center – Noon to 1:30 p.m. (includes lunch).

Please call TCM Counseling at (616) 842-9160 to reserve your place (Limit of 30).

Space donated by Grand Haven Community Center.

## FUNDRAISING EVENT FOR TCM Eastbrook Homes 50th Anniversary TASTE & TOUR Event

TCM is excited that Eastbrook Homes has included **TCM Counseling** in their 50th Anniversary TASTE & TOUR EVENT celebration!

From September 21-24 Eastbrook Homes is hosting events at 16 locations across West Michigan featuring free food, drinks, and prizes donated by local companies. Instead of charging admission at each location, they are encouraging giving donations to the location's non-profit partner! They will be matching each donation with the goal of raising \$80,000!

**WHAT:** Eastbrook Homes 50th Anniversary Taste & Tour benefitting TCM Counseling

**WHEN:** Thursday, 9/21 from 4:00–8:00 p.m.  
Friday, 9/22 from 4:00–8:00 p.m.  
Saturday, 9/23 from 12:00–4:00 p.m.  
Sunday, 9/24 from 12:00–4:00 p.m.

**WHERE:** Lincoln Pines at 12831 Pine Glen Drive in Grand Haven

**FOOD:** Anything Goes Catering

**DRINKS:** Lemon Creek Winery

**ENTER TO WIN:** Club Level Seats @ Red Wings vs. Colorado

We hope you will join us in celebrating with Eastbrook Homes, as well as raising money for TCM Counseling.

For more information go to [info@eastbrookhomes.com](mailto:info@eastbrookhomes.com)



# hope & healing for all

YOU ARE INVITED

## 40th Anniversary Open House



### Ribbon Cutting Ceremony

to dedicate our new building at  
1703 S. Despelder, Grand Haven, MI

Please join us as we celebrate TCM's 40<sup>th</sup> Anniversary, pay tribute to our founding churches, and give a HUGE thank you to all who donated to our capital campaign to purchase and renovate our beautiful new home.

October 10th 4:00 to 6:00 p.m.

Ribbon Cutting at 4:30

TCMCOUNSELING.ORG 616.842.9160

1703 S. Despelder, Grand Haven, MI 49417 • 503 Century Lane, Holland, MI 49423



### September's Support Groups

### Testimonial

#### Women With Chronic Conditions/ Disabilities Support Group

9/6/, 9/13, 9/20, 9/27, 10/4  
11:00 am to 12:00 pm  
TCM Counseling

#### Survivors of Loss to Suicide

9/7, 9/21, 10/5, 10/19  
7:00 pm  
St. Patrick-St. Anthony Parish  
920 Fulton Street

#### Conflict, Coping & Communication

9/11, 9/18, 9/25, 10/2  
5:30 pm to 6:30 pm  
TCM Counseling

#### GR Survivors of Loss to Suicide

9/20, 10/18, 11/15  
6:30 pm to 8:00 pm  
Fountain Street Church,  
Grand Rapids

*"My counselor was really great. It was a very good experience for me, and I believe it has made me a better person in different aspects of my life. It helped me grow and gave me tools that I have used to help myself be successful where before I lacked." ~ Aaron*

TCM Counseling offers hope and healing for all by providing accessible affordable professional counseling services.  
To make a donation to TCM Counseling, please visit our website at [www.tcmcounseling.org](http://www.tcmcounseling.org)

