



hope & healing for all

August 2017

1703 S. Despelder | Grand Haven, MI 49417 | tcmcounseling.org | 616.842.9160

TCM HAS OPENED OUR HOLLAND OFFICE!

TCM has now opened our new office in Holland at 503 Century Lane. The office is open by appointment only at this time. We want to give a **special thank you** to the **West Coast Chamber of Commerce** for welcoming TCM to Holland with a ribbon cutting ceremony that took place on Wednesday, August 9, 2017.

TCM is offering counseling services to the Holland/Zeeland community, and will once again be providing our School Outreach Program to Holland Public Schools.



Offering Support in Collaboration with I Understand

TCM Counseling is collaborating with **I Understand** to offer a Survivors of Loss to Suicide Group in Grand Rapids.

I Understand is a nonprofit, based in Grand Rapids, that helps people live in peace and understanding associated with losing a loved one by suicide or those suffering with a mental illness.

This new monthly support group will begin Wednesday, August 16th from 6:30 to 8:00 p.m. at Fountain Street Church and will be facilitated by TCM therapist, Barb Doorlag, LLP.



August Support Groups

Women's With Chronic Conditions/ Disabilities Support Group

8/2, 8/9, 8/16, 8/23, 8/30
11:00 am to 12:00 pm
TCM Counseling

Survivors of Loss to Suicide

8/3, 8/17, 9/7, 9/21
7:00 pm
St. Patrick-St. Anthony Parish
920 Fulton Street

Conflict, Coping & Communication

8/7, 8/14, 8/21, 8/28
5:30 pm—6:30 pm
TCM Counseling



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Save the Date – October 10

This is the date of TCM's *Building Hope for 40 Years* Open House Ribbon Cutting at our new building! (4:00 to 6:00 p.m.). Please plan to join us as we celebrate TCM's 40th anniversary, pay tribute to our founding churches, and give a HUGE thank you to all who donated to our capital campaign to purchase and renovate our beautiful new home!

TCM COUNSELING'S GROWTH AND DEVELOPMENT OVER 40 YEARS

By Evelyn H. Bosman LMSW/LMFT, TCM Therapist 1980—Present

TCM Counseling had its genesis in the 1970's when the Tri-Cities Ministerial Association, comprised of the Tri-City area ministers, decided to form a counseling service employing trained professional therapists to whom they could refer individuals and families they themselves were not trained to help. Rev. Al Parker, then pastor at First Presbyterian Church, spearheaded this effort. First Presbyterian Church had obtained the house at 120 S. Fifth Street and this was offered rent free to TCM Counseling. Its first director, Robert Rosema, MSW was hired, as well as therapist Richard Brouwer MSW. The board consisted primarily of ministers, and its primary source of financial support was the area churches. Although clients were expected to contribute financially, no one was denied counseling for inability to pay. Fees were and still are determined by a sliding fee scale.

Richard Brouwer, MSW succeeded Robert Rosema as the next director of TCM. Along with administrative duties, he continued with a client caseload as well as supervision of staff. Therapists were licensed/certified/social workers/psychologists. Jan Ruvalcaba, MS became our third director succeeding Richard Brouwer.

In 2000, Dan Qualls, MS succeeded Jan Ruvalcaba. Dan and the board adopted an entirely new system of operation, where therapists would become private practitioners, no longer salaried and would rent office space. A few rented from TCM at 120 S. Fifth Street but many rented at various places in the Tri-Cities area. Clients were referred to a "matched" therapist at an intake appointment.

In December of 2004, Sarah Lewakowski, MA, LLP succeeded Dan Qualls as director of TCM. We have had significant growth in the number of clients requesting services. We expanded our presence in the community by adding services to the schools, hospitals and the courts. Recently, the director and board decided to expand our services to the Holland area.

Aside from offering individual, couples and family counseling, TCM provides many support groups, held weekly and on an ongoing basis. We also have several therapists dedicated to our future generation of therapists to whom we offer clinical supervision for interns required by their respective master degree programs and colleges. We also supervise post master therapists' required supervision.

What has not changed in the past 40 years, is that TCM remains a nonprofit counseling agency offering services to clients regardless of religious, economic, social status or ethnic background.

The wear and tear on the 120 S Fifth Street house required significant and expensive repair and maintenance. This required the board to decide whether to spend money on its present location or seek other accommodations. Fortunately a building was available at 1703 S. Despelder. The board decided to purchase and remodel that building making it suitable for a counseling agency. It became our new home in May 2017!

TCM Counseling offers hope and healing for all by providing accessible and affordable professional counseling services. To make a donation to TCM Counseling, please visit our website at www.tcmcounseling.org



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