

Building Hope

TCM Counseling Capital Campaign




TCM is well on our way to reach our goals for our **Building Hope Capital Campaign.**

Our first goal of \$200,000 by September 30th kicked off with an amazing \$50,000 Grant from the Grand Haven Area Community Foundation!! Thank you to the foundation in supporting TCM as we continue to meet the mental health needs of our community!!

To date, we have reached \$110,875 of our \$200,000 goal of funds raised by 9-30-16 AND we have reached \$117,000 of our 3 Year Pledge Goal of \$150,000.

YOU CAN STILL DONATE!

Thank you so much to those of you who have already donated. As you can see we have been extremely fortunate in gifts, but still have more to raise. PLEASE consider a gift to TCM's Building Hope Capital Campaign. This is TCM's first capital campaign in our 39 year history, and we cannot achieve this goal without community support. As you know, TCM Counseling IS this community's mental health resource for Hope and Healing for all. **We are well on our way, but still need your help!** You may have received a letter in the mail with a pledge envelope, if not, please visit our website at www.tcmcounseling.org to either donate online or download a pledge form under the "Contribute" tab, OR call us at (616) 842-9160.

From The Board President: Pastor Dan Ward



TCM is truly an amazing place! Just within the past few months I have referred a friend who was heartbroken because his marriage was in shambles, another friend struggling to cope with some overwhelming circumstances and was seriously considering suicide, and an acquaintance who served three tours in Afghanistan but is having a very difficult time trying to find a sense of peace in his new normal as a civilian.

Sadly, these stories are not at all uncommon. In fact, they're the stories of our friends, family members, neighbors and coworkers. Many of us, too, have sometimes struggled with hopelessness. One of the most beautiful things about TCM is that anyone in need can have access to a professional therapist for help processing life's challenges. Within this counseling relationship, they can discover hope and experience healing.

Our *Building Hope* campaign is off to an amazing start thanks to an outpouring of generosity and support! I'm increasingly excited that we'll soon have a newly remodeled facility that conveys hope as soon as one pulls into the parking lot. As they walk into the warmly welcoming lobby, they'll discover the best part about TCM - the people! Whether they end up in one of our outstanding therapists' offices, or in the inviting group therapy room, they'll find a kindhearted and uplifting atmosphere! Right there in TCM's new "home," they'll already be well on their way to experiencing the same kind of hope and healing that TCM has been facilitating in our community for nearly 40 years!



hope & healing for all

Meet TCM Panelist, Laura Hoogerhyde, MA, LPC



Laura graduated from DePauw University with a BA in Communications and Advertising. She began her vocational career working in sales and convention meeting planning at the Marriott Suites Chicago O'Hare. She then joined the staff at the American Academy of Orthopaedic Surgeons working in the continued education department assisting in the planning, implementation and administration of clinical courses for surgeons to attend at various locations around the country. Later on, Laura and George moved back to the Grand Haven area to raise their family. Laura eventually joined the staff at Covenant Life Church as the Director of Women's Ministries for 10 years. She oversaw a team of leaders who provided a variety of venues and opportunities for women to grow in their walk with Christ. Once her children began high school, and attended Grand Rapids Theological Seminary out of Cornerstone University where she earned a Masters of Arts degree in Counseling with a strong theological emphasis. Laura graduated Summa Cum Laude and was a recipient of the 2010 Counseling Award, given to a student for his or her outstanding academic performance as well as overall participation within the program. Laura completed her practicum and both clinical internships at TCM. TCM proved to be a great experience for her, so much so, that she didn't want to leave!

Laura joined the TCM Panel in 2010. Over the past 6 years, Laura has had the privilege of providing Christian counseling in the areas of Women's Issues and Couples Counseling. Laura also enjoys teaching women about wellness helping them to find peace, contentment and balance. Laura is proud to represent TCM. Over the years, Laura has witnessed TCM as a "city on a hill" helping many whether it be providing financial assistance to someone who cannot afford counseling services because they have no insurance to providing a safe place for someone who needs to feel loved and accepted in their circumstances. TCM is a truly a place that provides hope and healing for anyone who is in need.

Laura Hoogerhyde has been married to George for 26 years and has two adult children. When not in the counseling room, Laura enjoys the outdoors; hiking, biking, cross country skiing, boating and reading a good book.

August Support Groups

Divorce Recovery and Transitions Series

8/3, 8/10, 8/17, 8/24, 8/31
6:15 pm to 7:30pm
Hope Reformed Church

Women's With Chronic Conditions/Disabilities Support Group

8/3, 8/10, 8/17, 8/24, 8/31
11:00 am to 12:00 pm
TCM Counseling

Men's Support Group

8/4, 8/11, 8/18, 8/25
6:00 pm to 7:00 pm
TCM Counseling

Survivors of Loss to Suicide

8/4, 9/1, 10/6, 11/3, 12/1
7:00 pm
St. Patrick-St. Anthony Parish
920 Fulton Street

Anger Management

8/1, 8/8, 8/15, 8/22, 8/29
5:30 pm—6:30 pm

Client Testimonials

I was at such a low point when I started at TCM, I cried every day and felt like nothing would ever be "right" again. My counselor helped me work through my issues and learn to deal with life when things don't go as planned. I am so thankful that I came to TCM. I feel like I have hope and coping skills again.

~ Gretchen

I'm glad I went to TCM Counseling because I used to feel like I could never get away from stress, but now I find myself able to relax. ~ Pete

