

SCHOOL OUTREACH PROGRAM

TCM Counseling: Connecting and Helping Area Youth

www.tcmcounseling.org

What do we do?

Our program is a vital and valuable resource for hundreds of students (K-12). We have three (3) main buckets of service to help our youth.

Individual Counseling: To those who cannot afford counseling nor obtain transportation to a therapist's office, this program reaches students right at their schools.

Suicide Prevention Training (QPR: Question / Persuade / Refer): A nationally recognized technique which teaches how to identify someone who may be struggling with mental health issues, and how to help them.

Crisis Assistance: In the unfortunate circumstance of a tragedy at school, we have therapists available to help give immediate support to students and staff.

Facts to know:

Our goal is to maintain and expand mental health assistance to students, and to provide this needed support and training in other area school districts.

Q: How long have you offered this service?

A: TCM is in our sixth (6th) year of offering this service.

Q: How many students do you counsel?

A: In 2017-18, 215 students were provided with either individual or group counseling.

Q: How many students have been trained in QPR in 2017-18?

A: In 2017-18, all 8th, 10th and 12th graders in Spring Lake. Additionally, all 8th graders in Grand Haven Schools.

Q: How many schools are you currently serving?

A: 20 individual schools (In 4 school districts) along the lakeshore.

How can you help?

Current Districts Served:

- ✦ Holland Public Schools
- ✦ West Ottawa Public Schools
- ✦ Grand Haven Public Schools
- ✦ Spring Lake Public Schools
- ✦ More to come...



School staff tells TCM that the School Outreach Program is a vital lifeline for students.

TCM is a non-profit organization who works on community based funding. We do not receive any millage or government support.

TCM is able to turn a \$1 donation into \$3+ worth of counseling. We are grateful for the generous support of our community!

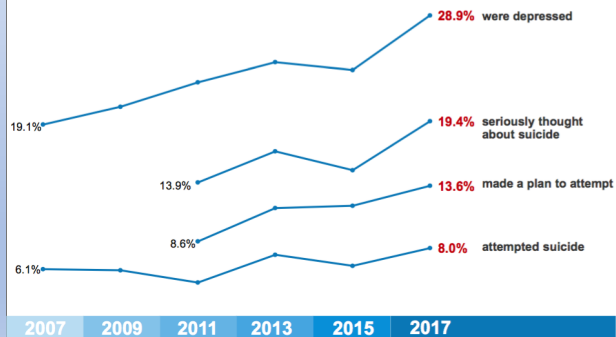


Let's Talk...

Youth Assessment Survey in Ottawa Co.

Depression & suicide

In the past year

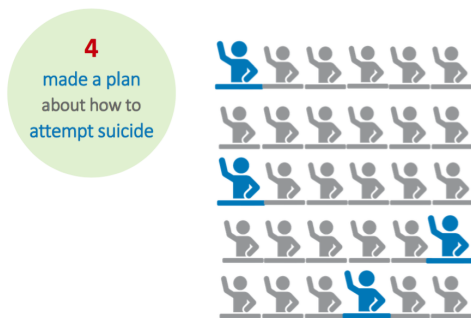


https://www.miottawa.org/Health/OCHD/pdf/data/OCYAS_2017.pdf

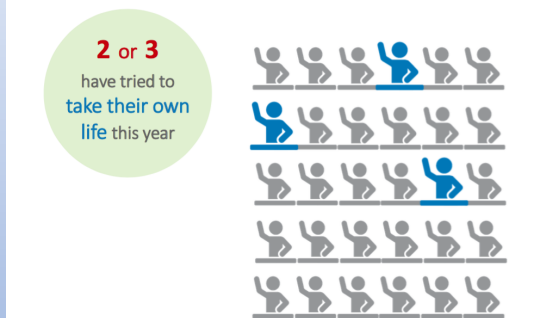


Youth Assessment Survey in Ottawa Co.

In a classroom of 30 students



In a classroom of 30 students



https://www.miottawa.org/Health/OCHD/pdf/data/OCYAS_2017.pdf

