



# Tri-Cities Ministries Counseling

# NEWSLETTER

Helping People

Strengthening Family

Serving Community

120 S. Fifth Street Grand Haven, MI 49417 (616) 842-9160  
www.tcmcounseling.org

October, 2009

## Tri-Cities Ministries Counseling Welcomes New Board Member



Tri-Cities Ministries Counseling is pleased to announce that **Patti Styburski** has joined our Board of Directors as a Trustee. Patti is a realtor with Century 21 Premier Properties of the Lakeshore and attends Spring Lake Wesleyan Church. Patti has a long history of helping individuals in the Tri-Cities area reach their goals. She has a sincere passion to help others in need and states that "knowing I can make a difference in someone's life while giving back to the community makes me feel wonderful." We look forward to utilizing Patti's skills and enthusiasm as we continue to provide assistance to those seeking counseling.

## DID YOU KNOW?

- Tri-Cities Ministries Counseling has already seen 140 more clients this year than the same time last year and the number keeps growing!
- Area pastors receive **FREE** counseling at Tri-Cities Ministries Counseling.
- Since the beginning of 2009, Tri-Cities Ministries Counseling has provided over 500 hours of **FREE** counseling through our internship program.
- Tri-Cities Ministries Counseling's co-pay for individual counseling can be as low as \$6.00 per session.
- Of the clients that completed our Satisfaction Survey, 100% would recommend Tri-Cities Ministries Counseling to others.
- Tri-Cities Ministries Counseling has a Facebook page. Sign up to view all the latest information!

## WHY WE DO WHAT WE DO.....

*I just want to sincerely thank Tri-Cities Ministries for all they have done for me. Before I came to Tri-Cities Ministries, I was on the verge of ending my life. My previous counseling sessions seemed meaningless and I couldn't figure out why it just wasn't helping me until I came here. God was not the center of it all, and since I've been coming to Tri-Cities Ministries, my walk with Christ has changed dramatically. I have a stronger relationship with Jesus. I even have stronger, better relationships with my family, friends and co-workers. I've learned ways to communicate with others in a more rational, loving way. I feel God has directed me to this place so I could find spiritual healing. I've learned skills that will benefit my life for years to come. I know now how to cope with difficult situations because God is now the center of my life. I'm so thankful for the staff and the people that make this place possible, for God has truly blessed these people in so many ways, not just in my life but in the many that go there.*

~ Excerpt from a client's letter.

## CURRENT GROUPS

- ◆ Anger Management
- ◆ Divorce Recovery and Transition
- ◆ Eating Disorders Group
- ◆ Love and Logic Parenting
- ◆ Men's Support Group
- ◆ Women's Support Group
- ◆ Women with Chronic Conditions/Disabilities



*It is the mission of Tri-Cities Ministries Counseling to provide an opportunity for all people in the Tri-Cities to access professional Christian counseling to meet the spiritual, psychological and emotional needs of our community.*

## Tri-Cities Ministries Counseling is grateful for the support provided by the following churches:

- |                                   |                                |                                      |
|-----------------------------------|--------------------------------|--------------------------------------|
| Christ Community                  | Spring Lake Christian Reformed | St. Patrick's                        |
| Covenant Life                     | Spring Lake Presbyterian       | St. Paul's United Church of Christ   |
| Edgewood Reformed                 | Spring Lake Wesleyan           | United Methodist Church of the Dunes |
| First Presbyterian of Grand Haven | St. John's Episcopal           |                                      |
| Second Christian Reformed         | St. Johns' Lutheran            |                                      |
| Second Reformed                   | St. Matthew's                  |                                      |

